

# Timothy L. Johnson-McCoy

Tjohnson@hands2healty.com

Hands2healty@gmail.com

(719)-301-9160

[Digital Portfolio \(Performer\)](#) [Wholeness Portfolio](#)

## Living Experience

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### Dance & B'More August 2023-Present

#### Elder Arts Program Manager

- Coordinate scheduling for elder arts classes, rehearsals, and performances.
- Oversee Elder Ensemble production plans and performance engagements.
- Create movement vocabulary and class plans for Elder Arts Jams.
- Create and promote online video content geared towards adults over 65, teach elders and program partners how to integrate DAB video content into their routines on an ongoing basis.
- Build and maintain relationships with existing and potential community partners.
- Team-teach Elder Arts classes and co-lead Elder Ensemble rehearsals with multidisciplinary Teaching Artists.

#### Resident Dance Coordinator:

- Serve as Dance Captain for the Dance & Bmore Ensemble and Bmore Broadway Live seasons (3 Bmore Broadway Live shows, Voices of Carmen, additional Dance & Bmore Ensemble performance opportunities)
- Assist the Artistic Director and guest choreographers during pre-production and production.
- Collaborate with the Youth & Families Program Director in the onboarding and training of Teaching Artists for Dance & Bmore programs.
- Participate in the creation of training materials and curriculum, e.g., video content.

#### Mindfulness Practitioner:

- Oversee integration of mindful practices into Dance & Bmore programming and teaching artist training.

### Hands2Heal TY L.L.C. International 2017-

#### Training Specialist/ Programs Director/ Consultant

- Institute equanimity, inclusion, and mindfulness policies to reduce workplace stress
- Conduct lectures in interpersonal communications, dance studies, and psychology

- Build strong bonds based on J.E.D.I. (Justice, Equanimity, Diversity, Inclusion) and Wholeness.
- Teach strategies for peer collaboration while reducing communication barriers
- Lead onboarding and training operations, particularly in crisis management.

Washington Inc.                      Guam, NMI June 2021- August 2022  
Health & Wellness Coordinator

- Implemented resident care plans and facility policies and procedures
- Supervised and evaluated all direct care, initiate corrective actions, and resolve problems
- Reviewed care documentation and managed staffing schedules and daily reports
- Conducted meditation, mindful movement sessions and seminars to increase productivity
- Provided space to further facilitate wholeness in the body, mind, and spirit

Fully Xtreme Danze Company                      Huntsville, Al May 2016- June 2021  
Creative Director

- Conducted effective seminars on teamwork among professional sports cheerleaders and dancers
- Directed ballet & jazz, lyrical & contemporary, for beginners to professionals, ages 4-18
- Implemented meditation retreats and communication engagements with students & parents
- Created "Black Boyz Meditate" initiative for young inner-city boys and young men
- Produced three to four yearly productions, recitals, and community galas

Macy's Cosmetics                      Las Vegas, Nv April 2014- April 2015  
Master Makeup Artist/ Counter Manager

- Make-Up Artist for all occasions, depending on experience from art to fashion and fantasy.
- Planned training for employees to learn and teach all product knowledge of all the brands available in most Macy's.
- Artist for all M.A.C major events, creative for photoshoots, weddings, fashion shows, hair shows, and Bachelorette parties. Point of contact for all unique events at the M.A.C stores in Phoenix & Las Vegas.
- Salsa-Bella director of arts and entertainment in Alabama and Las Vegas.

Gary Musick Productions                      Nashville, Tn 2005- 2015  
Performance Manager/ Cast/ Choreographer

- As Performance Manager on several cruise lines, including Norwegian Cruise Lines & Azamara Cruises, engaging in all day-to-day activities of the entertainment department from costuming to production to make sure it was up to standard.
- Liaison from ship to shore regarding cleaning performances, quarterly evaluations, and reviews; it allowed me to conduct classes onboard, cleaning, and motivation sessions.

- Production assistance with all backstage and audio-visual aspects of the production shows on land and at sea.

Princess Production Company  
Company Manager

Santa Clarita, CA May 2010- June 2012

- Executed All choreography to create new and upcoming shows and productions.
- Analyzed all performance data to better clean, rehearse, and engage the guest experience.
- Learn ALL choreography and spacing to give accurate and precise notes to change in case of injuries. I was a production dancer in all cast shows onboard and in-house showings.
- Provided support for all other departments on non-show days, i.e., restaurant manager, spa manager, customer engagement manager, and librarian.

Sandcastle Entertainment

Saipan, NMPI 2006- 2008

Principal Performer/ Inclusion Coordinator

- Planning logistics at every production angle from creation, costuming, and choreography to premiere and clean rehearsals.
- Modeling contracts with Quicksilver/Roxy and the Northern Mariana Islands local businesses. Valentine, Christmas, and New Year's Correspondent for the Entertainment on the island. Saipan and Guam are the primary markets for all venues and productions.
- Correspondent for local D.J.s, radio, and television personnel, while hosting ALL the extraordinary events on the island. From Miss Pinoy, Dance-Dance Movement, Band Wars, and Match Makers,
- English integration program for foreign kids ages 4-17 during non-show days.

Palace Sports & Entertainment Auburn Hills, MI 1999- 2003

Dance Captain/Performer/ Choreographer

- Women's National Basketball Association Detroit Shock dancers' "Shockwave" performed at all home games and any additional Detroit events during the season.
- Leadership roles included community service, youth empowerment, and peer-to-peer conversations to build deeper relationships and bonds as young emerging artists.
- Regularly featured dancers with the N.B.A. Detroit Pistons dancers "Automotion" for playoffs and holidays games while interacting with guests.
- As one of 3 Choreographers for all national professional teams housed in the Palace of Auburn Hills, Detroit Pistons, Shock, and Fury, using popular music to create a performance experience.
- Make lasting partnerships with inner-city organizations leading the way in diversity and inclusion.

Stage Shows

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- "Don't Bother Me, I Can't Cope"
  - "Black Music Fest"

- "Voices of Carmen"
- "Don Ardens JUBILEE" Longest Running Las Vegas Showgirl show.
- "A Christmas Spectacular" A Kentucky Christmas Special
- "Oh, What A Night" An Alabama Theatre Production
- "Magical Flight"
- "Jennifer Lopez & Marc Anthony en Concierto" Canadian Shows \*Swing
- 2008 Miss America competition "Performer"
- 2013 Billboard Music Awards "Performer"

## *Production Shows*

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### Celebrity Cruises/ Royal Caribbean

"The Swing Show"- "Let the Performance Begin"- "Dance Fever"- "Rhythm of the Night"  
 "Keep on Moving"- "A Broadway Review"- "The Winner Is"- "Let it Burn"

### Norwegian Cruises/ Azamara

"Colorz" - "Name that Theme" - "World Gaze" - "Get Down Tonight" - "FantaSea"

### Princess Cruises Productions

"Motor City" - "You're Invited" - "Coming Together" - "A Bit of Broadway"

### Walt Disney World Entertainment

"All Magical Kingdom Castle Shows" - "Festival of the Lion King" - "World Beat: An EPCOT Spectacular"

## *Skills / Accomplishments*

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- Volunteer of the Year 2003 Detroit Recreation Department
- 2021 Michael Jackson Awardee for excellence in Dance
- Executive Leadership Council Scholar
- 2022 Protecting Black Voices Awardee for being a voice in the community
- Board Member at The Butterfly Institute

## *Certificates / Licences*

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- Master Make-Up Artist
- C.P.R.
- Reiki Master-Teacher